



Virtual Learning Programs

So, you can't come to HealthWorks!? Now you can bring your HealthWorks! field trip to your classroom or home virtually using your preferred video call service, such as Zoom or Google Meet. Check out which programs are available below. Contact us at info@hwstl.org for more information or to schedule your virtual field trip.

Move It!

K-5th

30 minutes

It's time to Move It! Learning about the five food groups has never been so easy to digest. Participants will have a delectable experience as they shimmy and shake to the music and develop a palate for good nutrition and exercise.

Super Scrubbers

PK-1st*

40 minutes

It's all about keeping clean at HealthWorks! Students explore choices they can make to keep themselves healthy with a special emphasis on hand hygiene and oral health. Students leave with a memorable experience as they scrub, brush, and dance to keep away germs and promote health! By program's end, all will have earned the honor of becoming a 'Super Scrubber'!

New for 2020: Additional content added given the current COVID-19 outbreak, including how to properly wear a mask and gloves and more!

*Can be adapted for older age groups upon request

Is There a Doctor in the House?

2nd-5th

60 minutes

Is there a doctor in the house? We hope so, because HW! has created 6 patients who each in need of medical care for a different reason! In groups, students will investigate a pretend patient's condition as they travel to stations to uncover a different sign or symptom their patient is experiencing. By program's end, they must determine a diagnosis and how to treat their patient. Students will also have the opportunity to gather data on themselves at many of the stations and – who knows? In the end, some of them may even decide a career in healthcare is just what the doctor ordered!