

# Breakfast Banana Split

2 Servings



## INGREDIENTS

- 2 Bananas, Split lengthwise
- 1 cup Plain yogurt (Regular or Greek)
- 2 teaspoons Honey\*
- 8 Strawberries, Sliced
- 16 Berries (Raspberries, Blackberries, Blueberries, etc.)
- 1/4 cup Granola
- 2 tablespoons Chopped nuts (Optional)

1. Arrange 2 banana halves in a bowl with space in the middle for other ingredients
2. Fill middle with half of the yogurt
3. Drizzle with half the honey
4. Top with half of the Strawberries, Berries, Granola, and Chopped nuts
5. Repeat for second serving

\*Do not give honey to infants under one year