

Snack Hacks!

For Kids at Home

- **Freeze grapes overnight for a cool and healthy snack**
- **Use cookie cutters to cut sandwiches into fun shapes**
- **Use fruits to make a funny faced pancake**
- **Freeze different fruits in ice cubes and add to water for a fun flavor-changing drink**
- **Try dipping different vegetables in peanut butter. Our favorite: Carrot sticks**