


Food Group Frenzy (PreK-K) Post Test

Identifier:

Question	Circle the Best Answer			
1. How old are you?	3	4	5	6
2. Where do most fruits come from?				
3. What food group are nuts and chicken a part of?	Vegetables	Dairy	Protein	
4. Which food group helps us go to the bathroom?	Dairy	Protein	Grains	
5. Which food group helps up keep our teeth and bones strong?	Fruit	Dairy	Grains	
6. Where does digestion start?	Mouth		Stomach	
7. How many times per year should you visit a dentist?	0 times	1 time	2 times	
8. What are three ways to keep your mouth healthy? (Write in your answers.)	1. _____ _____	2. _____ _____	3. _____ _____	